October is... *Domestic Violence Awareness Month*

**SHINE A LIGHT on Domestic Violence and join us for any or all of the upcoming events.**

**ALL MONTH:** Provide survivors new PJs as they start their journey of living violence free. Drop off at the Brevard Kmart or SAFE Office.

Shop for a cause at the Attic or Interiors. All proceeds benefit survivors of Domestic and Sexual Violence.

**October 1:** Take A Stand at 11:00 EST wherever you are to show support for all victims and survivors of domestic violence and demand zero tolerance for those who abuse.

**October 3:** Llama Rama Golf Tournament – sponsor a great event and join us for lunch and llamas at Sherwood Forest – contact Clare Marie at 885-7233 to get involved.

Paw Prints - Violence in the family affects all its members, and all need a voice. Stop by the Attic Interior’s parking lot from 10-12 for pets and kids to leave their paw/hand print as we create a collage to speak out about Domestic Violence.

**October 7:** Shine the Light program for STEP uP participants at SAFE, Inc. 4:30-6:00

**October 10 and 17:** SELF DEFENSE CLASS: 9:00-11:00, Community Services Building, 106 E Morgan Street, Brevard. Discuss awareness as a first line of defense as well as the mental aspects of self-defense. Learn techniques of Brazilian jiu jitsu such as grip breaking, escapes from the bottom position, choke defense, joint locks and how to apply chokes. Registration and $20 fee required in advance. Contact Susan at 885-7233 to register.

**October 12:** Talk it Out – Parent Chat with CARE staff - discuss how to bring up sensitive topics with your teen and tweens. 5:00-6:30 Community Services Building, 106 E Morgan Street, Brevard.

**October 17:** Self Defense second class 9:00-11:00. See October 10 description.

**October 20:** 10-12 – Volunteer at SAFE! Join us for a Volunteer Orientation from 9:30-11:30 to learn how you can make a difference. Register with Randi at 885-7233.

**October 21:** Yoga for a cause! Brevard Yoga studios will offer a class from 12:30-1:30 and donate proceeds to SAFE.

**October 31:** Stop by the SAFE booth at Halloweenfest for fun games and prizes.
Did You Know?

- 68% of battered women report violence towards their animals.
- 13% of intentional animal abuse cases involve domestic violence.
- 1 in 15 children are exposed to intimate partner violence each year, and 90% of these children are eyewitnesses to this violence.
- On average, nearly 20 people per minute are physically abused by an intimate partner in the United States. During one year, this equates to more than 10 million women and men.¹
- 1 in 3 women and 1 in 4 men have been victims of [some form of] physical violence by an intimate partner within their lifetime.¹
- On a typical day, there are more than 20,000 phone calls placed to domestic violence hotlines nationwide.²
- Women between the ages of 18-24 are most commonly abused by an intimate partner.²

What you can do:

- Turn your profile picture purple on facebook and other social media and share with friends why you are taking a stand.
- Post a photograph of yourself taking a stand or holding the take a stand logo to Instagram, Pinterest, Twitter or another social media with one of the following hashtags: #TAS, #TASNCADV, #TakeAStand NCADV, #TAS2015
- Share information from SAFE’s facebook page, as well as others such as NCCADV and NCCASA
- Wear a purple ribbon all month
- Visit the Library display in the teen section
- Get or make a Shine A Light on Domestic Violence picture to put in your window
- Don’t be silent. Domestic violence victims need a voice.

YOU CAN SHINE A LIGHT ON DOMESTIC VIOLENCE
#standuptransylvania  #speakouttransylvania

SAFE will lead our community in eliminating domestic violence and sexual violence through prevention, advocacy, education and healing.

828-885-7233

SAFE INC.